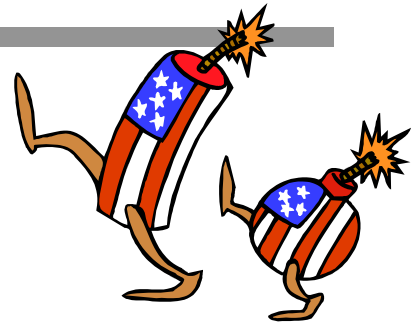




Connector



July-August 2019



The Arc of Buffalo County

4511 6th Avenue, Suite 204
Kearney, NE 68845

arcofbuffalocounty@frontiernet.net

www.arcofbuffalocounty.org; Office Phone # 308-237-4343

Mission Statement

The Arc Buffalo County advocates for the rights of citizens with developmental disabilities and families.

Board of Directors

President:

Sara Frias

Vice President:

Erin Davis

Secretary/Treasurer:

Janet Anderson

Directors:

Kiffany Conner

Judy Fisher

Jera Hinkle

Candi Koenig

Jamie Love

Penny Parker

Christina Sogar

Carey Wilson

Angel Atkinson-self advocate

Travis Schaffer-self advocate

Executive Director:

Sherry Stansberry

Secretary:

Karry Jensen

Receptionist:

Kathy Sinclair

4H Leader:

Connie DeckerUllman

Crafts Class Instructor:

Dona Gleason-Kreutzer

Talking Fingers Instructor:

Kathy Morrow

Line Dancing by Footnotes:

Bonnie Melton

Summer Staff:

Breanna Payne

Fishing Club:

Gary Blue

UNK Staff:

Libi Slack

Intern:

Liza Aunkst

People First Advisor:

Yvonne Nelson

Greetings from Board President

Sara Frias

Hello! I'm Sara Frias and I am incredibly excited to be the incoming President of the Board of Directors for The Arc of Buffalo County! I'm replacing the leadership of Carey Wilson who is such a great asset to our group! I'm excited that I'll be working with Executive Director Sherry Stansberry, Carey, and the rest of our 2019-2020 Board. They are such a wonderful group of people focusing on the mission of The Arc of Buffalo County.

In 2009, my passion for helping individuals with disabilities grew with my niece Bailey who was born with Down Syndrome. Our family has always been focused on what she CAN do, activities she excels in, and making sure she is treated like any other child.

I originally sat on the board from 2014-2016 and 2018-present. In the past I have held the Secretary and Vice President positions for the board. In other related activities: I co-facilitates the Central DD Advocacy Group, chair the annual Disability Fair through Community Connections, and sit on the Goodwill DD Advisory Group.

I live in Kearney with my husband Jorge and daughter Olivia. Also, included in the family are 3 rowdy hamsters: Peach, Cream, and Pepper. My day job is Quality Assurance Coordinator at Community Action Partnership of Mid-NE.





Respite at Kearney Children's Museum

The Arc of
Buffalo County



The 1st Thursday of every month from 6:00-8:00 pm for **member** children with physical and developmental delays/disabilities and their siblings are invited to a special time of discovery, creativity, and wonder at the Kearney Area Children's Museum.

This event is for **member** children with physical or developmental disabilities ages 2-12 and siblings ages 2-10. *This is a free time with minimum structure.* If your child does not do well in these environments you may want to consider sending staff or an older sibling to help or an alternative activity for your child.

Preregistration is required! Due to the limited staff/volunteer availability we can only provide supervision for the first 25 children to be registered. If you wish for your children to attend these nights you must return the registration form below and the completed child information form to the Arc of Buffalo County, 4511 6th Ave. Ste. 204, Kearney, NE 68845. Mail your form as soon possible, slots will be filled in order of receipt of registration.

If you register for a respite night but are unable to attend please notify the Arc at 308-237-4343 as soon as possible to allow other families the chance to attend. **Walk-ins will not be accepted**, so RSVP ASAP. Families who do not follow respite rules (i.e. picking up children by 8 pm) will be moved to wait list for future respite. **Families who are not registered and show up for respite will be turned away.** A staff member will confirm your registration. Please bring a change of clothes in case of any accidents!

Parent Name: _____

Phone Number & Email: _____

Children Names and Ages: _____

Dates Attending Respite

The Arc of Buffalo County

NO JULY RESPITE DUE TO 4th of JULY HOLIDAY

4511 6th Ave Suite 204

__August 1, 2019

Kearney, NE 68845

__September 5, 2019

Phone: 308-237-434


__October 3, 2019

Email: arcofbuffalocounty@frontiernet.net

People First News

People First meetings are usually held the fourth Thursday of the month, 4-5pm at Kearney Manor Pavilion. People First of Kearney is affiliated with People First of Nebraska, the only state-wide, non-profit self-advocacy organization for adults with developmental and physical disabilities. The purpose of People First is to encourage self-advocates to speak for themselves, learn their rights and responsibilities, and to work together to make services better for people w/disabilities. People First of Kearney now hosts speakers who present topics of interest to self-advocates. Local members are also providing feedback to People First of NE regarding the state convention that will take place at the Kearney Holiday Inn in October.

NO MEETING in July due to Bowl-a-thon
Aug 22nd at 4 pm Kearney Manor Pavilion

4-H will be held at The Arc Garden  and inside The Arc office at the First Presbyterian Church 4511 6th Ave on Friday's at 10am to 12pm-through the County Fair.

People First Bowl-A-Thon



The People First group annual Bowl-A-Thon will be at the Big Apple on **Wed. July 17th from 5-6:30 pm**. The funds raised help the members attend the People First State Convention held every October. **Bowling Fee: Free if you have pledges, otherwise \$5.** For pledge registration packets or to help sponsor a bowler please contact Yvonne Nelson at her email: YNelson@arcofbuffalocounty.org, or call The Arc at 237-4343.

Make A Splash at The Arc Luau Dance

When: Friday, July 12th from 7-8:30 pm
Where: Harmon Park Activity Center
Cost: \$3 a person or \$5 per couple or family.

Wear your favorite tropical print shirt!

The Arc of Buffalo County will supply Drinks and Snacks for everyone who attends.



The Arc of Buffalo County is seeking models for our 2019 Fashion FUNdraiser to be held at MONA on July 20th from 11am-2pm. Model form on page 5.

This is an ALL-INCLUSIVE event.

The Arc
Buffalo County

MUSEUM OF NEBRASKA ART
2401 CENTRAL AVE
KEARNEY, NE

FREE ADMISSION

CRUISE NOTE

Fashion Show
and fundraiser

JULY 20th
11AM-2PM

Special Guest
Heather
McNew
Wright

60's Fashion Show Model Info. Form

Please fill out and return, Thank You!

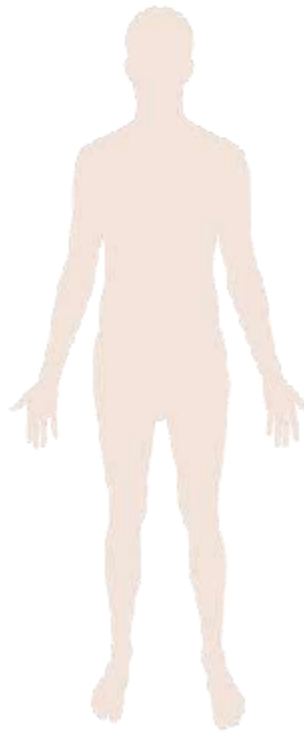
Your name _____ age (optional) _____

What is your association with The Arc or how did you get involved in this fashion show?

Describe your outfit (color, style, any special history...)

Draw in your outfit (if possible)

You can also copy paste from a photo you have



Do you have a special talent? _____

Tell your favorite thing about the 60's!

It can be a song, a TV show, a model of car, anything!!!

Registration Form

The Arc's 2019 Summer Sessions

Summer Programs: *Check the boxes of the activities you plan to join*

\$_____ Fishing Club: Every Tues. from May 29– July 31 at 9:30-11am at Cottonmill Lake. **Fee is \$20 for Arc members/ \$25 for non-members.** Bring your own pole if you can, bait supplied. Regular & disability permits available online at www.outdoornebraska.ne.gov. **If you are 16+ or older you must have a fishing permit.**

\$_____ Cooking Class: Every Monday from July 15 through August 5 at 4-6pm at The Arc 4511 6th Ave. **Fee is \$25 for Arc members and \$30 for non-members** **Bring your aprons and your appetite!**

\$_____ Swim Club: Fridays: June 14, 21, 28 & July 5, 12, 19, 26, & Aug 2 & 9 from 3-5 pm at Harmon Pool. For ages 11 and up. Swimmers must pay for their ticket into pool. **There is one time fee of \$15 for Arc members /\$20 for non-members to cover The Arc staff supervision.**

\$_____ Craft Class: Saturday August 17th from 10am-12pm at The Arc office. For ages 18 and up. **Fee per class is \$10 for members \$12 for non-members.**

\$_____ Footnotes with Bonnie-Line-Dancing Class: Thursdays 7/25, 8/1, 8/8, 8/15, 8/22, 8/28 from 6-7:30pm at Harmon Park Rec Center . **Fee is \$30 for members and \$35 for non-members**

\$_____ DAYcation to Grand Island on Saturday July 27: Meet at The Arc office at 9am. Kearney participants will be dropped off at home upon return. **Fee is \$55 for members/ \$60 for non-members**

\$_____ DAYcation to Elm Creek for Buffalo Stampede on Saturday August 17th: Meet at The Arc office at 9am. Kearney participants will be dropped off at home upon return. **Fee is \$50 for members/ \$55 for non-members**

\$_____ Talking Fingers– American Sign Language Class: Class meets on Thursdays from 5:30-6:30pm August 22, 29 & September 5, 12, 19, & 26. **Fee is \$20 for members/\$25 for non-members**

\$_____ Painting Pals: Class meets on Sunday July 21st at Kearney Wine & Design 1220 Central Ave Suite 2. **Fee is \$25 for members and \$30 for non-members.**

Name _____

Additional limitations and/or information that will help the staff helping your child

Age _____ Birth
date _____

Address _____

Does your child have any food/drug allergies? If yes, please list:

Zip Code _____

Emergency Contact

Please make checks payable to:

Phone Num-
ber _____

The Arc of Buffalo County
4511 6th Avenue, Suite 204
Kearney, NE 68845

Participants disability:

Wheelchair _____ Walker _____ Crutches _____

_____ I hereby grant The Arc of Buffalo County permission to use my likeness in a photo, video, or other digital media in any and all of its publications, including web-based publications, without payment or other considerations.



JULY AND AUGUST PRACTICES.

JULY 1 ST	SOCCER	HARVEY PARK	7:00-8:00
JULY 2 ND	BOCCE	CENTENNIAL PARK	6:30-7:30
JULY 8 TH	SOCCER	HARVEY PARK	7:00-8:00
JULY 9 TH	BOCCE	CENTENNIAL PARK	6:30-7:30
JULY 15 TH	SOCCER	HARVEY PARK	7:00-8:00
JULY 16 TH	BOCCE	CENTENNIAL PARK	6:30-7:30
JULY 22 ND	SOCCER	HARVEY PARK	7:00-8:00
JULY 23 RD	BOCCE	CENTENNIAL PARK	6:30-7:30
JULY 29 TH	SOCCER	HARVEY PARK	7:00-8:00
JULY 31 ST	BOCCE	CENTENNIAL PARK	6:30-7:30

AUGUST 2-3-4

FALL GAMES

LINCOLN NEBRASKA

AUGUST 2ND SOFTBALL

AUGUST 3RD DOUBLES BOCCE AND UNIFIED BOCCE

AUGUST 4TH SINGLES BOCCE AND SOCCER

UNIFIED BOWLING STARTS AUGUST 10TH. YOU MUST HAVE YOUR OWN UNIFIED PARTNER. WE DO NOT HAVE ANY EXTRA. WE MUST HAVE PAPERWORK FOR THAT PARTNER THE FIRST WEEK OF PRACTICE. YOU WILL NOT BE ABLE TO PARTICIPATE UNLESS YOU HAVE YOUR OWN UNIFIED PARTNER

AUGUST 10 TH	UNIFIED BOWLING	THE BIG APPLE	10:00-12:00
AUGUST 17 TH	UNIFIED BOWLING	THE BIG APPLE	10:00-12:00
AUGUST 24 TH	UNIFIED BOWLING	THE BIG APPLE	10:00-12:00
AUGUST 31 ST	UNIFIED BOWLING	THE BIG APPLE	10:00-12:00

Remember, you can only miss 2 practices. If you want to play and compete with the team, you must be at practices. We will keep you updated on any changes and you can check our facebook page or call me. 308-627-4556 or text me. If I don't answer right away, please understand I am working. I will get back to you. I will make a decision as soon as possible if I have to cancel practice. As usual, please call if you have any questions. Coach Jennifer

Welcome New and Returning Board Members:

The Annual Membership meeting held on May 9, 2019 voted in the following Executive and At Large Board Members. Please welcome these folks as they begin their duties to The Arc.

President: Sara Frias

Vice President: Erin Davis

Sec/Treasurer: Janet Anderson

Carey Wilson Christina Sogar

Judy Fisher Jera Hinkle

Penny Parker Kiffany Conner

Jamie Love Candi Koenig

Travis Schaffer Angel Atkinson

Honey Dip Recipe

•1 cup honey •1/2 cup peanut butter

•1/2 tsp ground cinnamon •1/2 cup cream cheese

In a medium bowl, mix together the honey, peanut butter, cinnamon and cream cheese until well blended.

Cover and refrigerate for 24 hours. Serve on toast, or as a dip for fruit.

THE ARC HONEY BEARS

SUMMER SALE

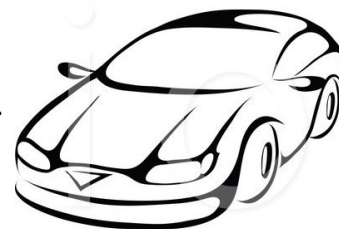
\$4 PER BOTTLE OR 2/\$6



We are participating in the National Arc Vehicle Donation Program
Donate Your Tax-Deductible Vehicle
An Easy Way to Turn Cars into Cash for The Arc of Buffalo County!



Donating is as simple as filling out a form online or speaking with a friendly operator. The program accepts cars, vans, trucks, boats with a trailer, and recreational vehicles regardless of the condition from anywhere in the country seven days



a week, 24 hours a day. Donors simply have to provide the year, make and model of a vehicle, the general condition, the vehicle identification number, and have the title and lien in hand. The National Arc takes care of the rest and arranges a convenient time for free auto towing. They also arrange to have the vehicle auctioned off, with close to 90% of proceeds going directly to the local participating chapter. The appropriate tax form is mailed to the donor within four to six weeks.

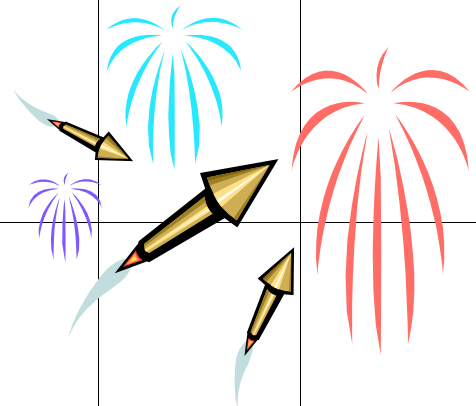
Donors wanting to donate their vehicle will **call The National Arc's toll free line at 1-877-Arc-CAR0, (1-877- 272-2270)**. When calling they must have the title in hand as we obtain information from the title while accepting the donation. Eventually we will have the Vehicle Donation Program banner placed on our website, where donors can donate on line. Until then, donations can be made on line at **www.thearc.org** and indicate that the donation is to benefit our chapter.

We are excited to launch this new program and need your help spreading the news. Funds raised will be used to continue funding our children, youth, and adult programs, as well as our year round events such as Parent's Group.

July 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Fishing Club 9:30-11am Cottonmill	3	4 4th of July (No Children's Museum Respite)	5 Swim Club— 3-5 pm— Harmon Park	6
7	8	9 Fishing Club 9:30-11am Cottonmill	10 Board Mtg 6 pm @ Arc Office	11	12 Luau Dance— 7-8:30 pm— Harmon Park Act Center NO SWIM CLUB	13
14	15 Cook Class 4-6pm @ Arc office Parent's Group—6:30 pm—Arc office	16 Fishing Club 9:30-11am Cottonmill Girl's Nite Out— 4pm— Perkins	17 People First Bowl-a-thon @ Big Apple 5-6:30pm	18	19 Swim Club 3-5 Harmon Park	20 The Arc Fashion Show- MONA NO Craft Class
21 Painting Pals 2pm@ Kearney Wine/Design 1220 Cen- tral Ave Suite 2	22 Cook Class 4-6pm @ Arc office	23 Fishing Club 9:30-11am Cottonmill Guy's Nite Out 4pm — Valentino's	24	25 FootNotes with Bonnie Line Dance Class at Har- mon Rec Center 6- 7:30pm	26 Swim Club— 3- 5 pm— Harmon Park	27 DAYcation— Grand Island Stuhr/Island Oasis Meet at 9am
28	29 Cook Class 4-6pm @ Arc office	30 Fishing Club 9:30-11am Cottonmill	31			



August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 FootNotes with Bonnie Line Dance Class at Har- mon Rec Center 6- 7:30pm	2 Swim Club— 3-5 pm— Harmon Park	3
4	5 Cook Class 4-6pm @ Arc office	6 Fishing Club 9:30-11am Cottonmill	7	8 Line Dance Class at Har- mon Rec Cntr 6-7:30 Board Mtg 6 pm @ Arc Office	9 Swim Club— 3-5 pm— Harmon Park	10
11	12	13 Fishing Club 9:30-11am Cottonmill	14	15 FootNotes with Bonnie Line Dance Class at Har- mon Rec Center 6- 7:30pm	16	17 Craft Class 10am-12pm Daycation— Elm Creek Stampede Meet at 9am
18	19 Parent's Group—6:30 pm—Arc Of- fice	20 Girl's Nite Out— 5 pm — Perkins	21	22 People First 4-5pm FootNotes Line Dance Class at Har- mon Rec 6- 7:30pm	23	24
25	26	27 Guy's Nite Out— 6 pm — Valentino's	28	29 FootNotes with Bonnie Line Dance Class at Har- mon Rec Center 6- 7:30pm	30	31

INCLUSIVE EDUCATION:
What does it look like?

- Students with disabilities are presumed to be competent and are participating members of their school community
- All students attend their neighborhood schools
- All students are educated in age-appropriate general education classrooms
- All students develop relationships with their peers
- All students experience higher expectations and improved test scores

LINE DANCE CLASS**FOOTNOTES WITH BONNIE****HARMON PARK REC CENTER****6-7:30PM****BEGINS JULY 25TH****AIR (Arc Inclusive Recreation) Program**

The AIR program helps individuals pursue inclusive recreation activities within the community. Participants are paired with a Recreational Aids (RA) who participates in activities with him/her. This is a private pay arrangement and can be individually or in a small group (up to 3 persons with 1 RA). The AIR participant and the Rec Aid plan the number of hours and the type of activities to enjoy. The RA will provide the participant with a monthly calendar of planned outings. Participants may choose to add or subtract outings with advance notice to the Rec Aid or to The Arc.

(The inclusive monthly calendar is also available to all Arc participants, upon request. Our AIR participants are having a great summer enjoying outings with their AIR recreation aides. Popular outings include outdoor concerts, baseball games, swimming, community events, park visits, movies, BINGO, and more. Contact Sherry at The Arc office if you have any questions or want to find out more about the AIR Program.

**Craft Sessions**

Dates/Times for the remaining summer sessions are No Craft Class for **July 20** due to **Fashion Show at Mona**. Craft Class for August is **August 17th, 10:00 am - 12 noon** at the Arc office. Arc member cost is \$10 per session, non member \$12. Participants will create two age appropriate crafts per class.

USYS TOPSOCCER

FALL 2019 SCHEDULE
Practices this FALL will be on Mondays 6:30-7:30, the location will be Patriot Park—4511 E 58th St.

Dates
September 2
September 9
September 16
September 23
September 30

TOPSoccer is specifically designed for people with physical or developmental disabilities that may require extra assistance.

Registration forms can be found online at keameysoccer.org under the TOPSoccer tab.

Please mail in registration form and \$10 to:
Kearney Soccer Club
PO Box 904
Kearney, NE 68848

You may also scan and email to Courtney Hayden at courtneyhayden2@hotmail.com (if you choose to scan, just bring \$10 on first day) Registration ends August 5, 2019.

Disability is a natural part of the human experience and in no way diminishes the right of individuals to live independently, enjoy self-determination, make choices, contribute to society, pursue meaningful careers, and integration in the economical, political, social, cultural and educational mainstream of American society. -1992 Developmental Disabilities Assistance



of Buffalo County

4511 6th Avenue, Suite 204

Kearney, Nebraska 68845

Return service requested

Advocating for the rights of citizens with developmental disabilities and their families

