

Connector



June 2021

4511 6th Avenue,
Suite 204
Kearney, NE 68845

The mission of The Arc of Buffalo County is to help children and adults with developmental disabilities secure the opportunity to choose and realize their goals of where and how they want to live, learn, work, and play.

www.arcofbuffalocounty.org

308-237-4343

Like The Arc of Buffalo County on Facebook!!

ON-LINE Activities and Events:

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Sherilyn Hendricks

Kathy Morrow

Yvonne Nelson

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Office Volunteer:

Jozlyn England

Parent Group: Monday June 21st 6:30pm Speaker is **Shauna Graham** @
<https://us02web.zoom.us/j/89249762242?pwd=bmVVQldzQXRiakJRSnhsMG5qVmhzUT09>

Meeting ID: 859 3384 9418

Passcode: 822609

Phone: 312 626 6799

Fun with Music: Every Monday from 11 -11:30am @
<https://us02web.zoom.us/j/85770132289?pwd=SmhiODBiC2o4cUQyRnl3L3pZWk5VUT09>

Meeting ID: 857 7013 2289

Passcode: 315845

Phone: 312 626 6799

Game Time: Every Tuesday from 1:30-2pm @
<https://us02web.zoom.us/j/88424922275?pwd=OG8xRGU2clFiKzRuQWl2VkduWHdXUT09>

Meeting ID: 884 2492 2275

Passcode: 111175

Phone: 312 626 6799

BINGO with The Arc: Every Wednesday from 1-1:45pm @
<https://us02web.zoom.us/j/87249089596?pwd=NXVPSVFFSHFaOTB0bzBBOHU3ckFYUT09>

Meeting ID: 872 4908 9596

Passcode: 717961

Phone: 312 626 6799

Weigh On Wednesday Every Wednesday at 10am @
<https://us02web.zoom.us/j/86346433654?pwd=YUFzUERkeDIKY0hJeW5mWlgveTZGUT09>

Meeting ID: 863 4643 3654

Passcode: 236489

Phone: 312 626 6799

Lunch Bunch Tuesday June 15th at 11:30am @
<https://us02web.zoom.us/j/85206105149?pwd=bnlhUW9MZFN6WWsvVW1BRmw5eitJZz09>

Meeting ID: 852 0610 5149

Passcode: 977552

Phone: 312 626 6799

Crafts Thursday June 17th at 2pm

To join complete and return registration by the 2nd Thursday. See page 4

Microwave Cooking Class: 2nd & 4th Tuesdays monthly at 11am on Zoom

To join complete and return registration by the 1st and 3rd Tuesday. See page 4

American Sign Language: Thursdays starting June 10th at 2:30pm @
<https://us02web.zoom.us/j/89921220045?pwd=T1o1L2ZxelpJeFJubnBIK2pXetNFdz09>

Meeting ID: 899 2122 0045

Passcode: 852541

Phone: 312 626 6799

If you would like to be on The Arc email list please call The Arc office at 308-237-4343 to provide your email address.

Disability is a natural part of the human experience and in no way diminishes the right of individuals to live independently, enjoy self-determination, make choices, contribute to society, pursue meaningful careers, and integration in the economical, political, social, cultural and educational mainstream of American society. -1992 Developmental Disabilities Assistance and Bill of Rights Act



WELCOME SUMMER!!!

Bocce begins on June 8th at 5:30pm at Centennial Park-northwest corner by the picnic shelter. If you have any questions, please feel free to call **Coach Jenn 308-627-4556**



Adaptive Basketball CAMP
FOR BOYS & GIRLS AGES 5 +
June 28th-29th
9AM-10AM
AT KEARNEY FAMILY Y.
SUPER GYM COURTS 1+2
This camp is for participants with physical and developmental disabilities. Participants will be divided up into groups based on age. During the camp, participants will learn how to dribble, pass & shoot, and play small-sided games such as a free throw contest, shooting competition, and much more!!!
TO REGISTER, STOP IN, GIVE US A CALL, OR REGISTER ONLINE AT:
KEARNEYMCA.ORG
OR EMAIL MILES:
MPUTNAM@KEARNEYMCA.ORG
MEM: FREE
NON: \$20

Honey Vinaigrette Recipe

1/2 Cup olive oil 1/3 Cup balsamic vinegar 2 Tablespoons honey
2 tspn minced onion 1/4 tspn salt 1/4 tspn black pepper

Combine ingredients in a clean jar. Cover with lid, and shake until fully blended. Use immediately or chill until ready to use.

Kearney Buddy Walk June 6, 2021



12-3 pm Yanney Park (walk starts at 1), Kearney, NE
www.dsaane.org/kearney



Models needed for The 4th Annual Fashion FUNdraiser in July. We will again host this event online. Complete and return model form on page 3. Theme is Tropical Luau



This year's theme is Tropical Luau. Please include a picture of you wearing your favorite tropical look. All participants will be featured on our Facebook page in July 2021.


Fashion FUNdraiser Model Info. Form

Please fill out and return, Thank You!

Your name _____ age (optional) _____

What is your association with the Arc or how did you get involved in this fashion show?

Describe your look (color, style, any special history...)

Attach your selfie here
and mail or drop off 
or send with completed

Info form via email to:
arccofbuffalocounty@frontiernet.net

Do you have a special talent? _____

What is your favorite thing about The Arc?

It can be anything!!

The TEC grant continues. We have delivered tablets to the vocational agencies in town. Participant training will begin soon. Members who are not affiliated with an agency may contact The Arc office to discuss training and use of the Lending Library through The Arc (participation in training is required to check out a tablet). Weigh-On Wednesday, a healthy living support group, began May 12th from 10:00 to 10:30. Participants are learning the Plate Method for healthy eating. The first Crafts class was held and 51 participants made butterflies. Two new online activities will begin in June. Kathy Morrow will teach American Sign Language through songs on Thursdays at 2:45 beginning June 10. A Lunch Bunch will gather on Zoom the third Tuesday of the month. Bring your lunch and join us as we chat and enjoy a time of togetherness. Contact The Arc for more info.



Welcome Back to In Person Activities with The Arc of Buffalo County



\$_____ ***The Arc Annual Picnic and Membership Meeting:*** Sunday June 20th at 4:30pm at Mitzi's Pavillion in Yanney Park. Boxed lunches will be served.

Cost is \$7 per member/\$10 for nonmember. Pre-registration required by June 15th

\$_____ ***DAYcation:*** Wednesday June 23rd from 11am to 4pm at Crane Trust Nature and Visitor Center-Wood River, NE. Participants will enjoy up to 14 different outdoor activity stations with staff and/or volunteer support at each station to ensure a fun and educational adventure for everyone. Participation fee includes staffing, transportation, and lunch. Plan to meet at 11am at The Arc office (inside First Presbyterian Church - 4511 6th Ave) Pick up will be at 4pm at The Arc office unless prior drop-off arrangements are made.

Cost is \$15 for members-\$20 for non-members. Pre-registration required Max 15.

The Arc of Buffalo County 2021 Membership Drive Continues!

Your membership matters! Memberships are valid from Jan. 1 through Dec. 31, 2021

Name(s): _____

Address: _____

City/State: _____ Zip: _____

Phone: _____ Birthdate: _____

Membership Fees:

_____ Single/Self-advocate (over 21) \$25 _____ Family \$50

_____ Business \$75 _____ Benefactors \$100

Donations are tax deductible; this is a 501(c)(3) non-profit organization. Membership in our chapter includes membership at state & national level, and discounted rates for Buddy Bowling, crafts, and other programs as well as several discounts at local merchants with member card.

() I would like to sponsor an additional single membership for a person who is unable to pay for an additional \$25

Total amount enclosed: \$_____ (*use this form to sign up for in person activities*)

Please make your check payable to The Arc of Buffalo County

mail to 4511 6th Ave Suite 204, Kearney, NE 68845

Members receive a membership card with local merchant discounts when presented!
Thanks to Big Apple, Taco John's, Mom & Dad's BBQ, and Papa Murphy's Pizza.