

THE CONNECTOR NEWSLETTER

September 2026



FALL INTO ADVOCACY

Welcome to Our September Newsletter!

Summer may be winding down, but the energy here at The Arc of Buffalo County is just getting started. We are heading into fall with full hearts and a packed calendar, and we are so glad you are along for the ride.

This month we are bringing you the latest in disability advocacy news, a spotlight on one of our amazing community members, upcoming events you won't want to miss, and ways you can get involved and make a difference right here in Buffalo County.

At The Arc, we believe the world works better when everyone has a seat at the table. Thank you for being part of this community and for helping us build a Buffalo County where everyone belongs.

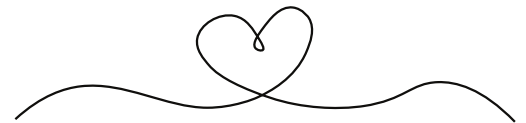
With gratitude,
The Arc of Buffalo County Board & Staff

Arc Board of Directors

Grace Thomsen
Penny Warford
Jordyn Ihle Robinson
Chelsea Jensen
Janet Anderson
Christine Fisher
Angela Klaus
Lori Cody
Judy Trent
Hunter Conner, Self Advocate
Open Position, Self Advocate

Office Manager

Joyce Linner



Help us Celebrate these member September Birthdays!

Justine Dale
Cassandra Olson
Brian Bungler
Jera Hinkle
Anne Hilyard
Dana Crosier
Matthew Nelms
Naomi Kohls
David H
Jen F





UPCOMING EVENTS

We have a lot of great upcoming events. We'd love to see you. If you have questions or suggestions, give us a call at 308-237-4343 or email ArcofBuffaloCounty@gmail.com. Some events below are not Arc organized but are open to our members and their families.



Arc Night Out – Mixer at 5:45 pm

Tuesday, 9/8 at Location: at Tasty Bowl

Please plan to pay for your own meals and drinks. And provide your own transportation.

Fall Buddy Bowling

Wednesdays: 9/2 - 10/7
at the Big Apple



Bowler Sign Ups are closed.

Volunteer Sign-ups are OPEN:

<https://forms.gle/LzTPsAZNyDkG9ABQ6>

**Kearney Police Department and
Buffalo County Sheriff's Office tour.
September 14th at 4:00 pm.**

RSVP Requested. Call or Email the Arc
Office if you plan to attend.
308-237-4343

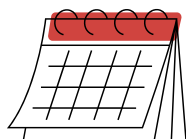
Stop and see us at:

Kids & Dreams Foundation
Autism Conference:

September 11, 2026

Details Here:

<https://www.kidsanddreams.org/conference>



**Do you have an event or activity
coming up? Let us know, and we will
add it to our newsletter for you!**

Hearts & Harmony Unified Choir

Tuesdays, beginning Sept. 15, 7-8pm.

First United Methodist Church

4500 Linden Dr. – Kearney

Cost: \$40 for the year or \$25 per
semester. Cost covers music & shirt.

Concerts: Sunday, Jan. 24 & April 25

**Questions? Contact Emily Vonderohe
at emroemmich@gmail.com or Peg
Sinnard at peggysinnard@gmail.com**

ESU 10– Central Region Transition Agency Fair

September 22, 4:30 pm – 7 pm
at the ESU 10, 76 Plaza Blvd –
in Kearney, Nebraska

Contact: Blair Ryan, ESU 10

Email: bryan@esu10.org

Save the Date for these future events:

Arc Night Out 10/13

Halloween Dance 10/30

Honey Sunday 11/1

Give Where You Live 12/3

BEGINNER FITNESS FOR FEMALES

WITH DEVELOPMENTAL DISABILITIES

MONDAY, OCTOBER 5 - DECEMBER 7

2:45-3:30PM AT JUST FOR LADIES

\$100 - MUST REGISTER THROUGH THE ARC

PHONE: 308.237.4343 EMAIL: ARCOFBUFFALOCOUNTY@GMAIL.COM

THE KEY IS TO JUST MOVE! JOIN TRAINER JADE BROWN AS SHE TAKES CLIENTS THROUGH A 45-MINUTE BASIC FITNESS CLASS. CLASS WILL INCLUDE DYNAMIC STRETCHING & WARM-UP AND A COOL DOWN. THE WORKOUT OF THE DAY MAY INCLUDE: AEROBIC, DUMBBELL WORK, FOUNDATIONAL MOVEMENT TECHNIQUE, MOBILITY, ETC.

IT IS IMPORTANT ALL PARTICIPANTS ARE ABLE TO LISTEN AND FOLLOW DIRECTION WITHOUT ASSISTANCE.

CLASS IS LIMITED TO 10 PARTICIPANTS.

CONTACT JADE AT 308.627.3026 FOR ANY QUESTIONS.



**JUSTFORLADIES
FITNESS**

1540 WEST 56TH STREET, SUITE B



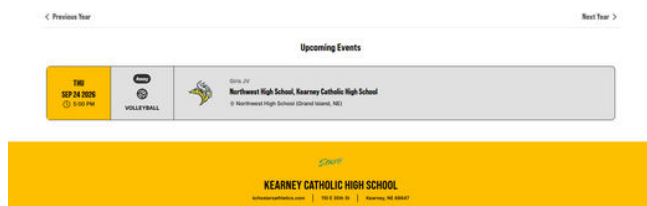


UNK & KCHS Sports Tickets Available

Thank You to Kearney Catholic and UNK Lopers for making athletic tickets available for our members.

Contact the Office to reserve your tickets for an upcoming game. 308-237-4343 or Email ArcOfBuffaloCounty@gmail.com

Tickets are first come, first serve and with priority to Arc members first.



View Schedule Online:

<https://www.kchsstarsathletics.com/schedule?year=2026-2027>



SCHEDULE			
		Upcoming	Results
WVBALL	September 1, 2026 vs Peru State	6 P.M. Listen / Watch / Stats / Tickets	
FOOTBALL	September 3, 2026 at Chadron State	7 P.M. (CENTRAL) Listen / Watch / Stats	
WVBALL	September 3, 2026 at Dominican U. (CA)	8 P.M. CENTRAL Watch / Stats	
WVBALL	September 4, 2026 at Northwest Nazarene U. (ID)	1 P.M. CENTRAL Watch / Stats	
SOC	September 4, 2026	4 P.M.	

View Schedule Online: <https://lopers.com/index.aspx>

Member Spotlight

Allie Moore

- Works at Diva's delivering flowers
- Competes in Special Olympics
- Competed at 2026 USA games in Minneapolis, earning a Gold and 2 Silver Medals in Bowling
- Bowls in a Women's Bowling League on Friday Nights at The Big Apple
- Enjoys going to Bowling Tournaments and has been to Las Vegas, Reno, Chicago, and Baton Rouge to compete in National Tournaments
- Has participated in Arc Dances, craft class, girls fitness class, Buddy Bowling and helps sell honey.



Resource Corner

Back-to-School Guide

What Special Education Rights Should Parents Know at the Start of the School Year?

Under IDEA, your child has a federal legal right to a free appropriate public education, tailored to their needs. That right doesn't depend on which federal agency is overseeing it, and it doesn't disappear because of policy changes in Washington, DC.

If you're ever unsure whether your child is getting what they're legally entitled to, [The Arc@School](#) was built exactly for this: plain-language guidance on your rights and real support finding your footing when something feels off. Knowing your rights here is the foundation everything else on this list depends on.

Find more Back-to-School resources here:
[Back-to-School Guide for Families with Disabilities](#)



The Arc's Election Center

Voting is one of the most powerful ways to shape the future of our community and the choices that affect people with disabilities.

When you vote, you help choose the people who run our local, state, and federal governments. Our governments make laws. They decide how money is spent. They make choices that affect our schools, jobs, health care, and daily lives.

These choices make a big difference for people with disabilities and their families.

It's important we all have the opportunity to vote and take part in deciding who our next leaders will be.

Below, find out more about how to take part in elections this year.

- **Check Your Registration & Easy Registration Options**
- **Find Your Candidates & Elected Officials**
- **Know Important Election Dates**
- **Start Your Countdown to Election Day**

Check Your Voter Registration Here



Scan the QR Code with Your Phone Camera or use:

[Vote.Org](#)



4511 6th Avenue, Suite 204
Kearney, NE 68845



The Arc relies on fundraising and donations to make our events and programs possible. Ways to Donate: Cash, Check, or Card. Scan the QR Code to donate at our Website.

EVENTS REGISTRATION FORM

Participant Name: _____

Date of Birth: _____

Parent or Guardian Name: _____

Address: _____

Zip Code: _____

Email: _____

Cell Phone: _____

Wheelchair Walker _____

Crutches _____

Other _____

Additional limitations and/or information that will benefit the staff helping you or your person: _____

Does the participant have any food/drug allergies? If yes, please list: _____

Card Payments can be accepted over the phone. **Please make checks payable to:**

Arc of Buffalo County
4511 6th Avenue, Suite 204
Kearney, NE 68845

Events:

___ Beginner Fitness Class